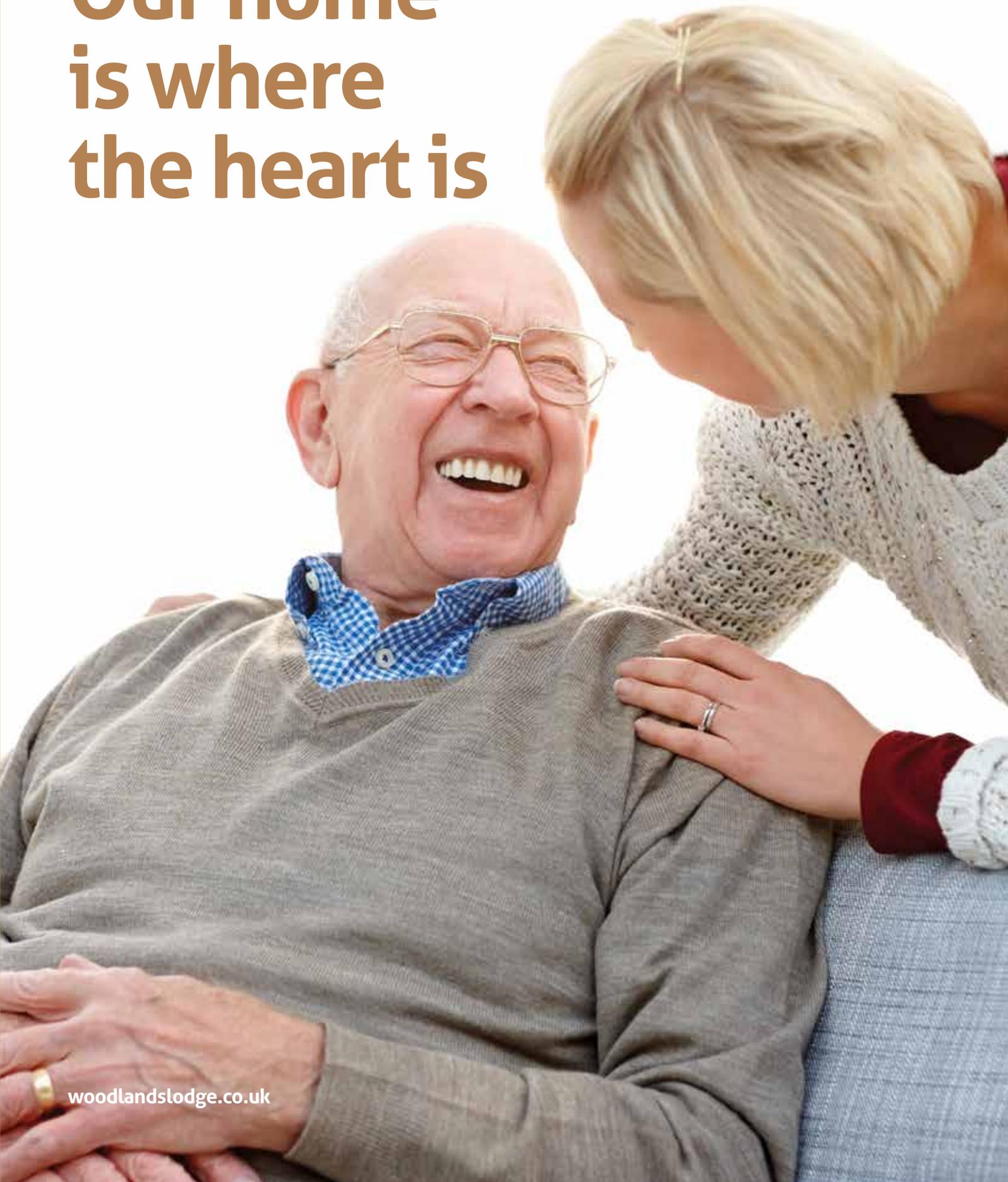




Woodlands Lodge  
Residential Care Home

# Our home is where the heart is



[woodlandslodge.co.uk](http://woodlandslodge.co.uk)



# A warm welcome to Woodlands Lodge

Woodlands Lodge is a modern, purpose-built residential care home offering compassionate, professional and dignified care in stylish and comfortable surroundings.

Designed and equipped to meet a wide range of needs, the home's team of experienced care staff work closely with residents and their families to provide a truly person-centred service.

Whatever is important to our residents, is important to us too.



Woodlands Lodge is a purpose-built facility designed to be friendly, welcoming and carefully created to meet the needs of residents over the age of 65.

Arranged over two floors using intelligent design, it provides a safe and responsive community of support and expertise.

The lodge offers a choice of communal and private accommodation in a homely environment to be enjoyed by everyone. The entire care home provides an environment that has been designed and managed to maximise independence.

Providing short and long term care, Woodlands Lodge also offers rehabilitation facilities and respite care for people making the transition from hospital to home following medical treatment.



# An exceptional standard of care

Woodlands Lodge offers exceptional standards of care to meet each person's individual requirements. Whether a resident is ageing well or has specific conditions such as dementia, we focus on getting to know them to provide a truly person-centred approach.



Images of Abbey Wood Lodge and Parklands Lodge

## Essential Standards

- To be treated with respect, dignity and compassion
- To have privacy in all personal matters
- To be kept safe and fully informed about all aspects of care, treatment and support
- To live in pleasant, clean, comfortable and welcoming surroundings
- To be given opportunities, encouragement and support to live as full a life as possible
- To have personal records treated confidentially, kept safe and updated
- Access to an open and honest complaints procedure to raise concerns
- To be protected from abuse or the risk of abuse and to have human rights observed

## Care Philosophy

At Woodlands Lodge we are trusted care facilitators, committed to meeting residents' individual needs whether they are ageing well or have specific medical requirements.

We realise that some of our residents have made a lifestyle decision to move into a care home community to receive the support and assistance for themselves or a spouse while others have specific needs as a result of living with conditions such as dementia.

Whatever each person's individual circumstances, we offer a community of care that looks at the individual as a whole and appreciates the lifetime of experience they have acquired.

## Care Team

Woodlands Lodge employs people with a proven track record in care provision and invests heavily in training to ensure that the essential elements of respect and dignity are built into all care procedures and processes.

Staff are focused on providing compassionate, transparent and person-centred care to the highest standards.

Many members of staff are trained to NVQ Level 3 in Health and Social Care and Woodlands Lodge also uses state of the art technology and on-site training facilities to provide staff with the latest qualifications.

At Woodlands Lodge we are trusted care facilitators, committed to meeting residents' individual needs whether they are ageing well or have specific medical requirements.



# Taking care of all your needs



## Care, Treatment and Support

Woodlands Lodge works alongside health and social care commissioners and agencies to help provide the most appropriate care and support for people's health and well-being. Individuals' needs are assessed according to cultural background, language, gender, disability, age, sexuality, religion and beliefs.

At Woodlands Lodge facilities are arranged over two floors to meet the varying needs of residents.

The ground floor provides a hotel-style level of service for people who are ageing well with a relatively low level of dependency. This is for individuals who have chosen to live in a care home community while continuing to enjoy a varied and busy life.

Our upper floor is designed for people with higher levels of dependency and the members of staff have the specialist skills to meet these needs. This includes residents who are living with dementia as a result of conditions such as Alzheimer's or Parkinson's disease.



Image of Parklands Lodge

## Food and Nutrition

Woodlands Lodge has a team of chefs producing delicious home-cooked meals. Meals are balanced and nutritious in accordance with the needs of the individuals and any special dietary requirements.

Snacks and drinks are available throughout the day and family and friends are welcome to join residents for meals by prior arrangement.

### EXAMPLE DAILY MENU 1

#### Breakfast

- Toast & preserves, fruit or cinnamon porridge
- Breakfast cooked to order

#### Lunch

- Homemade cream of leek & potato soup
- Fresh cut sandwiches with salad & coleslaw
- Selection of chilled desserts

#### Dinner

- Honey roast gammon
- Admiral pie
- Carrot, swede & broccoli florets, fondant potatoes
- Bramley apple crumble & custard

#### Snack

- Ham & cheese toasties, filled omelettes, jacket potatoes, fresh fruit & teacakes

### EXAMPLE DAILY MENU 2

#### Breakfast

- Cheesy crumpets, cereal & fresh fruit, yogurt
- Breakfast cooked to order

#### Lunch

- Homemade puree of roast butternut squash soup
- Atlantic prawn salad with marie rose sauce
- Exotic fruit salad & ice cream

#### Dinner

- Roast lamb and mint sauce
- Lasagne with garlic bread
- Cauliflower cheese, parsnip puree & rosemary roast potatoes
- Lemon drizzle cake & chantilly cream

#### Snack

- Ham & cheese toasties, filled omelettes, jacket potatoes, fresh fruit & teacakes



### Outings and Activities

Woodlands Lodge has a thriving and meaningful activity programme for residents including trips out and about in the local community and further afield.

There are regular visits to local parks, markets and shops in and around Formby as well as organised excursions to local places of interest.

Residents who enjoy activities within the community such as members of sports and community groups are encouraged to continue with their pastimes and interests. Care home staff also organise visits to favourite cafés and restaurants, and even former places of work.

Woodlands Lodge also organises its own activity groups in the care home such as knitting, dancing, painting and exercises. There are also regular celebrations for landmark days and events.

Woodlands Lodge has a thriving and meaningful activity programme for residents including trips out and about in the local community and further afield.



Image of Parklands Lodge

### Visiting Services

Woodlands Lodge welcomes a number of visiting professionals providing a range of services for the benefit and convenience of residents.

We work closely with local health and social care providers who visit the home on a regular basis or who make visits by prior arrangement.

These include local GPs, district nurses, an optician and chiropodist. Woodlands Lodge is also equipped with its own hairdressing salon and a dedicated hairdresser is available for appointments.

#### Visiting services include:

- GP
- Optician
- Hairdresser
- Chiropodist
- Physiotherapist
- Speech and Language Therapists
- Community Mental Health Team
- Dietician

# Relaxing residential accommodation

Great care has gone into providing comfortable, stylish and high quality accommodation that has a truly 'home from home' feel.



## Bedrooms

Woodlands Lodge has 40 bedrooms. High quality furnishings are blended with practical and easily accessible facilities to help residents support themselves and receive extra help should they need it.

The high quality fittings and fixtures are regularly maintained and additional facilities can be provided for couples.

Bedrooms have mounted wall memory boxes at the entrance for personal memorabilia to create a truly 'home from home' feel.

### All bedrooms include:

- En-suite wet room
- Adjustable profile bed for ease of access and comfort
- Wireless call system
- Digital flat screen television
- Telephone and wireless internet connection



## Communal Rooms

Each floor at Woodlands Lodge has communal areas including dining and sitting rooms as well as the use of a residents' kitchen.

Careful attention has been paid to make each area comfortable and distinctive with specially chosen fabrics and colours. Furniture is arranged in small groups just as it would be at home.

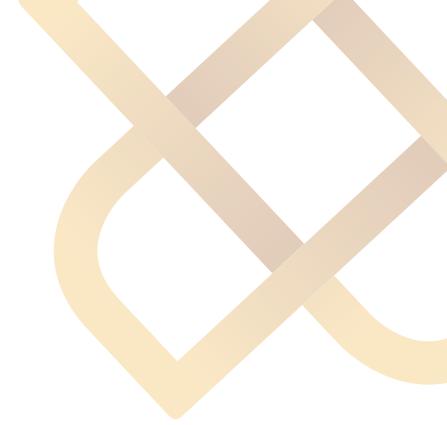
Intelligent design helps guide residents around the facilities and clever use of colour helps residents living with dementia manage spatial awareness.

### Facilities include:

- Communal dining and sitting rooms
- Residents' kitchens
- Health and beauty facilities
- Garden and patio
- Each floor is equipped with additional bathroom facilities featuring a bath and hoist



Home interior images of Abbey Wood Lodge and Parklands Lodge



### **The Local Area**

Woodlands Lodge is situated in the lovely coastal town of Formby, famous for its wide open beaches and sand dunes.

The lodge is a stone's throw to Formby town centre and is located on a bus route for easy access.

Formby has a thriving local community with plenty to see and do and thanks to a dedicated Events Co-Ordinator, residents are spoilt for choice when it comes to taking part in activities and day trips to local events and attractions.

### **Visiting**

Family and friends are warmly welcomed to Woodlands Lodge.

We consider visiting an essential way of ensuring that the daily lives of our residents are as close to normal as possible. Visitors are welcome to share time with residents either in the spacious lounges or in the comfort and privacy of their own rooms.

There's always time for a simple chat over a cup of tea or coffee using our resident's kitchen facilities or with prior arrangement they can join residents for meal times.

There are also plenty of ways for residents to keep in touch with their family and friends with telephone and internet access available in all bedrooms.

# Types of care

Arranged over two floors, Woodlands Lodge is uniquely placed to meet a wide range of needs for both short and long term care.

Our facilities and care teams are ideally placed to help those who are ageing well, people living with dementia and those who require respite care.

As people's needs change, we can change with them to provide a truly person-centred approach.



## Residential Care

Our ground floor facilities, The Beeches, are designed for residents who are ageing well and have made the choice to live within a care home community. Rather than being isolated in their own homes, they benefit from a wide range of support and companionship.

From help with dressing and daily living activities to regular meals and easy access to visiting external professionals such as GPs, residents benefit from a safe, secure and welcoming environment.

Residents are encouraged to enjoy their lives exactly as they did when they lived at home through activities in the local community and within the care home.

As their requirements change and the level of need increases, Woodlands Lodge can provide the next level of care offering a smooth transition for those in need of more support.



### Dementia Care

Woodlands Lodge provides a safe, secure and responsive environment for the effective care of people living with dementia.

As a purpose-built facility, the upper floor at Woodlands Lodge, The Pines, is dedicated to residents who are living with cognitive impairment and special care has been taken to provide relaxing and harmonious decoration incorporating numerous special design features.

From simple touches such as colour specific designated areas and easy to identify signage, residents can familiarise themselves with their surroundings and feel safe and secure.



Image of Parklands Lodge

### Respite Care

Woodlands Lodge offers rehabilitation facilities and respite care for people making the transition from hospital to home following medical treatment.

We offer 'home from home' style facilities for those returning from lengthy treatment sessions who require assistance in regaining their independence from our fully trained care team.

Our facilities include a bedroom with separate bathroom and kitchen facilities, providing a safe environment to adapt to an independent lifestyle.

Our care team will assess each person's needs and monitor their progress as they rehabilitate from an illness or adapt to new health conditions.

Woodlands Lodge can provide the next level of care offering a smooth transition for those in need of more support.



**Woodlands Lodge**  
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## Our People

We hand pick our staff to ensure they are trusted care facilitators, committed to meeting residents' individual needs whether they are ageing well or have specific medical requirements.

Whatever each person's individual circumstances, we pride ourselves on offering a community of care that looks closely at each individual person and appreciates their lifetime of experiences.



**Please contact us on  
01704 774444 to discuss your care  
needs or to arrange a meeting.  
Visit [www.woodlandslodge.co.uk](http://www.woodlandslodge.co.uk)  
to find out more.**

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